

# Adventure Learning @ Coeur d'Alene

## Types of Ecosystem Services

### Provisioning Services

Any type of benefit to people that can be extracted from nature.

**Examples:** food, drinking water, timber, fibers, medicine

### Regulating Services

Benefits provided by ecosystem processes that moderate natural phenomena.

**Examples:** pollination, decomposition, water purification, erosion and flood control, carbon storage, climate regulation

### Cultural Services

Non-material benefits that contribute to the development and cultural advancement of people.

**Examples:** recreation, education, aesthetics, creativity born from interactions with nature

### Supporting Services

Ecosystems could not be sustained without consistency of underlying natural processes.

**Examples:** photosynthesis, nutrient cycling, water cycle, soil formation